PATROL MENU PLANNER

MEAL Brfst Lun Dinner	PATROL	DATE TO BE PREPARED					
Menu Items	Vegetables	Fruit	Grain	Lean meats & poultry. fish, eggs, tofu, nuts, seeds, legumes		Fats, sweets	
Beverage -							
Totals for My Plate							
This menu was prepared by t	ha	22	trol on (data)		Procent and	d participating in	
the entire process were the fo						a participating in	
PL	APL			GRUBMASTER _			
SCRIBE	QM	QM			CHEERMASTER		
OTHERS							

Accompanying this menu when submitted for approval will be: Recipes for all menu items being prepared, Quartermaster Request Form, Patrol Minutes, copy of the Patrol Leader's meeting plan.

Make certain that the patrol keeps a copy of all of this for themselves.

After the outing all of the paperwork generated will go into the patrol binder with the patrol work schedule..